

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
7.15 - 8.30 Buki Waza	7.15 Buki Waza On the Beach 8.45 Swim	7.15 - 8.30 Buki Waza	7.15 Buki Waza On the Beach 8.45 Swim	7.15 - 8.30 Buki Waza	7.15 Buki Waza On the Beach 8.45 Swim
8.30 Breakfast	9 Beach / Breakfast	8.30 Breakfast	9 Beach / Breakfast	8.30 Breakfast	9 Beach / Breakfast
9 -10 Taijutsu		9-10 Taijutsu		9-10 Taijutsu	
10.15 -11.30 Buki Waza	10.15-11.30 Taijutsu	10.15-11.30 Tanto Buki Waza	10.15-11.30 Taijutsu	10.15-11.30 Buki Waza	10.15-11.30 Taijutsu
			11.45-12.45 Massage/Relaxation	Shopping?	11.45-12.45 Massage/Relaxation
13.00 Lunch	13.00 Lunch	Beach or Island tour	13.00 Lunch	13.00 Lunch	13.00 Lunch
17 -18 Taijutsu	17 -18 Taijutsu	17 -18 Taijutsu	17 -18 Taijutsu	17 -18 Taijutsu	17 -18 Taijutsu
18.15 -19 Taijutsu	18.15 -19 Taijutsu	18.15 -19 Taijutsu	18.15 -19 Taijutsu		18.15 -19 Taijutsu
Restaurant at Beach	Free choice food	Pizza eat in or go out	Ten pin Bowling	Ferry Boat to Lixouri Greek Restaurant	20.00 BBQ